

# VALUING HOME

Supporting health and care systems to help people to live well, independently and at home for as long as possible.

## The challenge

We all agree that helping people remain independent at home or in their communities is best for both them and the public purse. Therefore, we need to help local systems to value supporting people at home much more than they do today.

Covid has shone a light on the opportunity to do things better – services have undergone rapid and innovative change and we are now at an inflection point. This is a critical moment to build on where we are now to secure better outcomes that cost less.

## What is Valuing Home?

IMPOWER's Valuing Home programme supports health and care systems to work together to achieve a shared ambition of helping people to live well, independently and at home for as long as possible. It focuses on breaking down the long-standing barriers to change at the interface of health and care in order to:

- Keep people in their homes and communities
- Get people 'home first' as quickly and safely as possible

We do this at lower or no cost, or by creating capacity.

## Why action is needed

### Too many people end up in hospital or residential care

Our work with one client identified that up to **42%** of unplanned admissions could be avoided, and **75%** of admissions could be avoided through non-health related interventions.

### People spend too long in hospital or residential care

In some parts of the country, the number of people still at home **91 days** after being discharged from hospital to a reablement service is **9 times higher** than it is elsewhere.

### Covid has exacerbated the problem

If unplanned demand returns to normal levels, there will not be sufficient capacity in the system to catch up on the elective care backlog and waiting lists.

## Our focus

Those who most need and use these services, and need better outcomes,

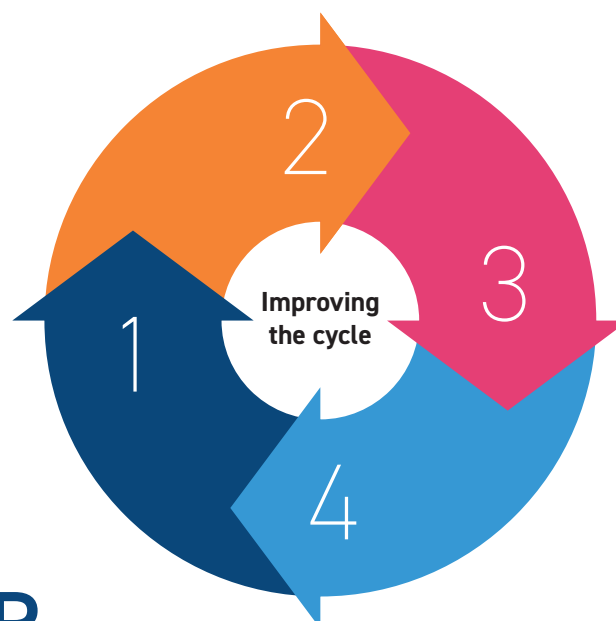


namely frail or elderly, including those living with dementia or with serious or multiple long-term conditions.

## Our approach

We want people to remain well, and stay out of hospital and residential care – but in cases where care is required, Valuing Home ensures that people return home as quickly and safely as possible.

1. Focus on avoiding unnecessary admissions, keeping people out of institutional care and supporting them to live at home independently and well, especially the frail or elderly, including those living with dementia
2. Where hospital care is required, optimising flow and 'Discharge to Assess'



3. Developing a sustainable, person centric and blended suite of services or interventions that responds to need, strengths and crises, step up to avoid unnecessary admissions and supported discharge - moving beyond traditional 'service delivery'
4. Supporting people with serious or multiple long term conditions, or other needs that could lead to institutionalisation, to manage at home - virtual care, robust health and community care at place level

# IMPOWER

# 5 Fast-Forwards

The 5 Fast-Forwards are the five fundamental shifts needed to bring positive and sustainable change to the interface between health and care. Working together with frontline staff in the NHS and social care sectors, we deliver the outcomes that matter for your local area by:

 <p><b>REFRAMING AMBITION</b></p> <p>System leaders must reframe the problem, using a wider lens and looking across boundaries, to create the space in which system leadership can occur.</p>	 <p><b>DELIVERING AT THE FRONT LINE</b></p> <p>Change in complex systems is delivered at the frontline; staff and managers need help to embrace and sustain new ways of working, and those providing support require resilience.</p>	 <p><b>APPLIED BEHAVIOURAL SCIENCE</b></p> <p>Leaders must recognise, understand and then influence the motivations and behaviours of staff. The currency of success is through change at the frontline.</p>	 <p><b>MANAGING INTERFACES</b></p> <p>The interfaces between organisations and between people and public services are where the real challenges lie. New methods are required to deliver sustainable change.</p>	 <p><b>MANAGING TRAJECTORY</b></p> <p>A different type of performance management and governance which focuses on outcome productivity, facilitating different management conversations.</p>
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## Delivering outcomes

Our work to date has made a significant difference at the frontline and, critically, for people. From day one, we deliver 'quick-wins' and build confidence amongst teams that their interventions are making a difference.

Valuing Home work to date has already delivered better outcomes, reduced costs or released capacity for providers, commissioners and people.



**62%**  
**ADMISSIONS**

avoided by those that interacted with co-located ASC staff when presenting at A&E



**2.5**  
**DAYS**

reduction in length of stay on the home based pathway



**3 OUT OF 5**  
**STAFF**

agreed or strongly agreed that collaboration had improved with IMPOWER's support



**50%**  
**CAPACITY**

increase on home pathways



**81%**  
**REDUCTION**

in long term care placements from hospital



**Dame Barbara Hakin,**  
Former Deputy Chief Executive of NHS England & IMPOWER  
Non-Executive Director

**"No one should underestimate the importance of being at home. For most people, being able to stay at home when we are ill or frail is what we would truly wish. In turn, that independence is likely to keep us as well as we can be and reduce costs to the system. It must now be top of the agenda for all systems as they strive to deliver integrated care in a truly meaningful way."**

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